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Lifting up young people
Youth employment hub. See page 5
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The bright light of Diwali. See page 6.

Late Fall grasses submitted by Guenter Horst

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A new artists' collective in town

Katrina Boguski
County Life Editor

When Joey Varga contacted County Life about the new artists' collective that started with friend Isabel Neveu-Geenen, the group's name, Limbic Collective, immediately got my attention. In an email exchange, Varga explained the origin of the name.

Varga said, "We both have a huge fascination with psychology and have done artwork around the subject. We started talking about name ideas for the collective and started to think about the different parts of the brain and their functions, particularly the amygdala and the hippocampus. The name of the part of the brain that the amygdala and hippocampus are in is called the limbic system. It's responsible for things like impulses, memory, emotional reactions, and instinctual survival mechanisms, like eating, protecting, sex and reproduction, and connecting sensory experiences to emotions."

Varga added, "It was like a light bulb went off - we both have such strong connections to our limbic systems in our art, and the interdisciplinary nature of our art-making illuminated the importance of the limbic system in the brain and we thought that would make a great name for the collective."

The main goal of the collective is to bring together a community of young artists to "cultivate something that will last and sustain itself." Varga explained, "The goal is to have young artists working together for the growth and success of the collective as a whole, and to support each other as individuals. We plan to hold events, work together to share rented studio and exhibition space, collaborate on art projects, learn from each other, get excited about what each other is doing and uplift each other. There is so much potential when creative brains come together."

Both of the artists involved in starting up the collective say they have felt a sense of disconnectedness from a greater community that we think could exist.

Varga said, "We dream of having an art collective that embodies the elements of a healthy garden. We were inspired by a shared vision of a flourishing community of artists who might be experiencing the sudden strangeness of being in your 20s and not knowing where exactly your place is, how to find each other and embrace their lost-ness."

Varga has been inspired by the work of Yoko Ono, whose New York apartment was a hub for many now famous artists. Varga explained "We're not trying to be revolutionaries or overthrow the established art community, but movements in art start with the young. We want to bring something new to the community."

There is no set number of people in the collective, it is not an exclusive group. People do not need to sign up or pay to be involved. Varga is inviting people to engage in the planning of an upcoming event and said, "The eight-day event will take place from Dec 4 to Dec. 11 of this year. We don't have a location totally nailed down yet. We wanted to pick the best location possible. There is one that is available, but we wanted to keep ourselves open to other options."

They have been asking landlords to allow them to rent space at a lowered rate for the time of the event because they are a group consisting of students and minimum-wage workers or others who may not have enough money to rent the space otherwise.

Varga said, "It is an arts event all about supporting young artists, and we have been hoping and believing in the support of the Haliburton community. There is no cost to take part in the event, but we are requesting that all artists who are involved contribute in any way that they can. Some ways that people can contribute are: helping with rent, supplying resources, making posters and other media material, volunteering to work a day of the event to welcome people at the door or handle sales, coordinating local connections, and assisting with set-up and clean-up."

Evening events are planned during the eight-day event, and people can enter by donation. They will have spoken word poetry, live painting, and other performance-based mediums, as well as some music. Varga adds, "There will be some installation art for people to view, as well as table, wall, and booth space displaying art that can be purchased. People can register to participate by emailing us at limbiccollective@gmail.com and those who want to come as a viewer just have to mark the date down on their calendars and show up when the time comes!"

> *"Cultivate something that will last and sustain itself.*
>
> — Joey Varga

The artists say that the art world is very competitive and daunting, and has an air of exclusivity that can be overwhelming. Varga and Neveu-Geene say that in their collective, they want artists to feel supported and welcomed. In a joint statement they said, "Our collective will focus on making the entry to the art world a bit more friendly than it can be at times."

As to the kind of art they produce, Joey says "I am kind of all over the place, artistically. Right now I am focusing on performance, installation, photo art, event scores, poetry, watercolour, and some wearable art. I'm currently working on a book of poems and scores and a series of mushroom-inspired abstract watercolour portraits, with T-shirt designs and body-based photo art in the periphery.

Neveu-Geene said, "I primarily work with clay, making both pottery and sculpture. I explore nature based themes, my focus being on mushrooms currently. I also work with fibres of all sorts, doing weaving, sewing, knitting, and some sculpture. Installation and performance are an additional part of my work that fluctuates with my current focus in mediums. On top of that all, I am a trained musician, and have worked on composing for short films, writing my own music, and studying classical piano."

Other artitsis in the collective are also making all kinds of art. Varga explained, "We have people involved who are making all kinds of art. A lot of the artists who've been engaging with us make image-based art, illustration, painting and drawing, print-making photography. There are poets and musicians, digital image and video makers, and sculpture-based artists. It's really exciting to see how multi-disciplined everyone is."

Varga is currently working on a Visual and Creative Arts Diploma at Fleming College at Haliburton School of Art and Design and is going into blacksmithing and photo arts courses next.

Neveu-Geene is a graduate of the Integrated Design program with a certificate in Ceramics at Haliburton School of Art and Design and also has piano and theory education from the Royal Conservatory of Music. Neveu-Geene adds "Most recently, I have been apprenticing at Homestead Pottery with Lisa Barry and Matt Mihlik, learning about wood fired pottery techniques. But like Joey, I am always a student, whether at a traditional place of learning, or out in the world on my own."

More about the Limbic collective can be found through their Instagram page. The handle is @limbic_collective and you can reach them by email address at limbiccollective@gmail.com.

Are you a new artist striking out on a new career? Share your stories with us at *County Life*.

County Life

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Seeing the forest for the trees

Shelly Hunt, Chair of the Haliburton Highlands Land Trust (HHLT) introduces Trent U Applied Biomonitoring students to the Dahl Forest and explains what HHLT does. /Submited by Joshua Solti

A Trent University Applied Biomonitoring student collecting tree diameter data at 1.3 metres.

Trent University Applied Biomonitoring student uses a piece of equipment called a clinometer to measure tree height.

Amanda Porter, Field Research Associate for U-Links/Woodlands and Waterways EcoWatch demonstrates a technique for collecting data on tree height.

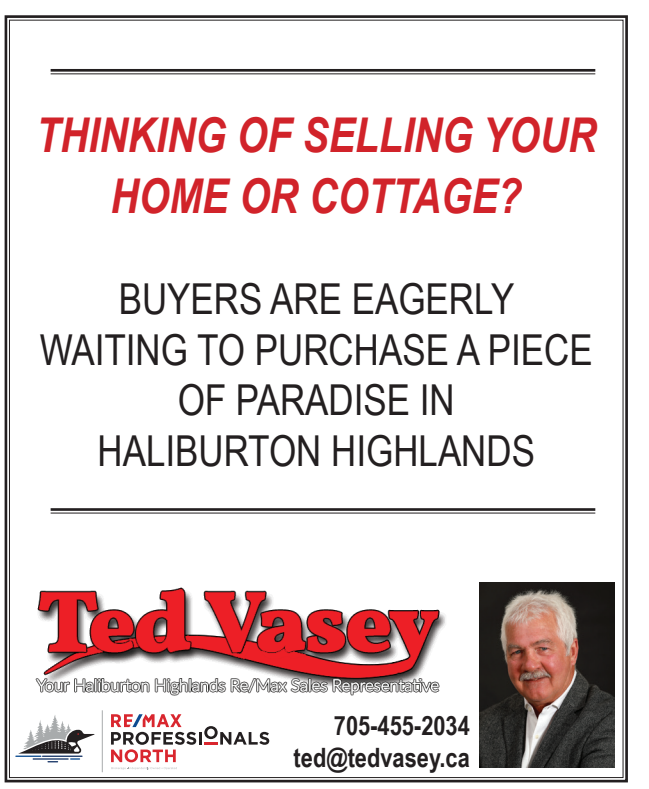
National Philanthropy Day

The word philanthropy comes from the ancient Greek, and literally means "love of humanity". Today the term is used to express charitable giving to worthy causes, be it a gift of time, money, or other effort ("time, talent and treasure"). By all definitions, it speaks to a generosity of spirit and action to improve the lives of others. And so a national day to acknowledge and celebrate philanthropy in all its forms is certainly appropriate.

Designated through an act of Parliament in 2012, Nov. 15 is recognized as National Philanthropy Day throughout Canada. It is recognized as a day to acknowledge the dedication of volunteers who devote themselves to improving the lives of others, and the building of strong communities and active civic participation by bringing people together to serve a common goal. It is also a day to recognize how Canadians have benefited from the help they have received from charitable organizations and caring individuals, and is an important opportunity to honour all Canadians who demonstrate the spirit of giving.

This is a day to celebrate the work that everyone does to make a difference; at the Haliburton Highlands Health Services Foundation we'd like to take this opportunity to recognize and thank again the many donors and volunteers who have helped to raise over $16million dollars to date to benefit health care facilities and services in the Highlands. We are grateful to the many generous members of our community – near and far - for their ongoing and generous support.

Submitted by Lisa Tompkins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Shindig goes live to warm homes

SUE TIFFIN
County Life Staff

Dame Beatrice is preparing for her annual trip to Haliburton, where she'll host the Highlands Christmas Shindig for both a live and virtual audience. This year the Shindig takes place both upstairs and downstairs at the Haliburton Legion, at a watch party at the Dominion Hotel in Minden, or in your own home via a live stream. Tickets to the event were available beginning Nov.8. Visit www.fuelforwarmth.com for more info or to tune in on Nov. 27 at 7:30 p.m./ FILE photo

The Shindig is coming to town!

Given that the annual Highlands Christmas Shindig has regularly been a sold-out show, tickets to this year's live event at the Haliburton Legion, of which only 100 are available due to pandemic restrictions, will go quickly. Another 50 tickets are available for a watch party happening downstairs from the live show, in the Haliburton Legion's clubroom.

"Of course down there, they'll have the luxury of a bar, so hopefully that will increase their enjoyment of the show," joked organizer and host, Mike Jaycock.

And for those who miss out on the tickets, like last year the show will be broadcast live online for anyone to watch anywhere.

"One of the things we found last year was that we were getting guests from a variety of spots in Ontario, but also a lot of our seasonal people are overseas or south of the border and could join in as well," said Jaycock. "It's awfully nice that they feel so connected to the county that they wanted to be a part of it. It's almost like a little bit of a homecoming, to enable everyone to come to one spot to see some of the finest local talent and have some chuckles along the way."

Hosted by Dame Beatrice (Jaycock) and Penelope (Victoria Bingham), the variety show features twenty-five performers, including David Archibald, Wendy Kurtz (Robin Duke) of Schitt's Creek, Slinky and the Boys, Jim Blake and Fay Wilkinson, Tomorrow Never Knows, Nick and Stan Russell, the Moontones and the Kowalski Sisters with Ragged Company.

"I must say, that was the easiest part," said Jaycock. "You put out the call and probably within the first two to three weeks of getting planning going, every one of them said, 'you bet, we'd love to be a part of it.'"

Speaking from his home in Ingersoll where he moved with wife Jane earlier this year, Jaycock said host Dame Beatrice is ready though her outfit might need some fitting.

"Dame Beatrice has been getting heck from my wife because she hasn't tried on her outfit, yet," said Jaycock.

She'll be, as always, in fine form for the event, which has to date raised more than $150,000 for Fuel For Warmth, a local organization which helps to alleviate heating challenges for those in need during the winter.

"Typical of Haliburton County, everyone rallies around," said Jaycock. "The Haliburton Highlands is just a unique area. I've certainly come to appreciate that. There's a connectivity across the county that's very hard to describe to people. There's this bonding that exists, stands out as a very, very unique kind of thing. People say, 'well, small communities are like that.' I'm not sure. I think smaller communities have a better opportunity to be that way, but I think Haliburton County and all the people within it have got it right. That's why it's a joy to come back, help out and see everyone as well."

Jaycock notes the hardships of the pandemic might have an impact on the amount raised this year, but that people struggling to heat their homes will benefit from ticket sales and donations.

"We know whatever we raise, it will be very appreciated by the organization," said Jaycock.

The Shindig committee is Betty and David Mills, Jack Brezina, Tammy Rae, Jim Love, Sean Pennylegion, Heather Smith, Barb Murphy, Shawn Smandych, Wendy Ogilvie, Mark Tomlinson and Joanne Barnes.

The Highlands Christmas Shindig takes place on Nov. 27 at 7:30 p.m. A limited number of tickets to attend live are $25 (live performance) or $15 (Legion Club Room) and are available at Up River Trading Co. in Minden, and Glecoff's Family Store in Haliburton. Proof of vaccination required. The show can also be viewed at a watch party hosted at the Dominion Hotel in Minden, or live from home via the website at www.fuelforwarmth.com. Donations of any amount are appreciated.

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Community Events

Send your event listing to Pat Lewis at classifieds@haliburtonpress.com

Halls Island Artist Residency
When: Friday, Nov. 19
Everyone is invited to log in to the Arts Council - Haliburton Highlands Youtube Channel and Escape to Halls Island. This is the third in the online 6-Minute Escape video series. Viewers will get a glimpse into the unique experiences of artists this past summer at Halls Island Artist Residency. The evening is hosted by Jack Brezina and Maggie Hucalak. Viewers are invited to stay online for a live-streamed After Party where they can meet many of the artists live-online, hear more about the artists' experience on Halls Island, and ask questions via chat.

W.O.W (Women of the Word)
An inter-denominational women's Bible study
When: Wednesdays – 9:15 to 11:45 a.m.
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Legion Events

Branch 129 Haliburton 705-457-2571
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Haliburton Army Cadets practice 6:30 to 9 p.m. (Sept - June)
Wednesdays:
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Thursdays:
General Meeting third Thursday of the month, starting at 7 p.m. All members urged to attend.
Ladies Auxiliary last Thursday of the month at 1 p.m.
Fridays:
Meat draw five draws, five prizes each draw, first draw at 4:30 p.m., last draw - 6:30 p.m. Tickets are $2 per draw. Don Ptiman, MC Friday fun darts - 4:30 p.m. onwards
Saturdays:
50/50 Draw 4 p.m. draw,
Tickets are $1 each from noon onwards

Whether you're planning a function for 10 or 200, for more information call the Legion today at (705) 457-2571, email rcl129@bellnet.ca or visit haliburtonlegion.com Come on out and support Haliburton Legion Branch 129.... everyone is welcome!

*** New Clubroom Hours: Mon 3 to 7 p.m., Tues 3 to 9 p.m., Wed to Fri 3 to 7 p.m. & Sat 2 to 8 p.m.**

Youth hub's lift program offers employment supports to youth

The Haliburton Youth Hub is offering a unique new program called Lift, an integrated employment support program for youth aged 14-25.

The goal of the Lift program is to connect youth in Haliburton County with meaningful employment, training, and educational activities. Available supports include rapid job search, preparing for applications and interviews, job coaching, career planning and education supports.

The Lift Program's services are based on each job seeker's preferences and choices, and employment is considered an integrated part of their health treatment, wellness plans and recovery. Participants receive practical help at any stage of their employment and education journey from a dedicated worker.

The program launched in the spring of 2021 and has supported several local youth in meeting their employment, training and education goals.

"I was able to find a job pretty quick and Ryan [Individual Placement and Support worker] is flexible about time and where we meet," said one program participant who recently found employment with the support of the Lift program.

The program operates from a Zero Exclusion Policy, meaning there are no exclusions based on symptoms, substance use, disability, or other characteristics.

"The introduction of this program is very timely, given the pandemic impacts on youth of increased mental health challenges, interruptions to education, and higher rates of unemployment," said Marg Cox, Executive Director of Point in Time Centre for Children, Youth and Parents. "Investing in youth well being and independence has benefits for program participants and the wider community by contributing to a strong, well equipped labour force."

Funded by the Future Skills Centre, the program is the first of its kind in the province and a joint initiative of the Centre for Addiction and Mental Health's Margaret and Wallace McCain Centre for Child, Youth and Family Mental Health, ACCESS Open Minds, Foundry, and Youth Wellness Hubs Ontario. A youth advisory team was consulted in the design and implementation of the program.

The Lift program reinforces existing services available at Youth Integrated Service Hubs through the application of the Individual Placement and Support model, an evidence-informed and strength-based model of supported employment for people with mental health or substance use challenges. The Individual Placement and Support worker collaborates with their team to ensure youth get the support they need in several areas, including primary health care and counselling, in an open and familiar environment. The program functions as an alternative to navigating through multiple agencies to meet youths' needs.

"I love this program and look forward to getting more youth involved," said Ryan Martin, Individual Placement and Support Worker at the Haliburton Youth Hub. "It's been exciting to see what people can accomplish when someone supports them from a strength-based perspective."

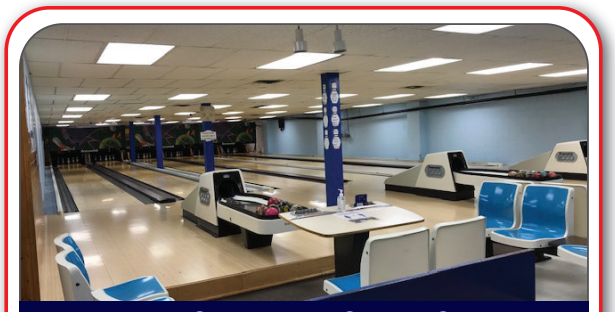
To find out more about the Lift program, or to make a referral, contact Ryan Martin, Individual Placement and Support Worker, at ryanm@pointintime.ca or call 705-457-2727.

The Haliburton Youth Hub is a one-stop shop for youth services and supports and is co-created with youth, for youth. It is part of a province-wide network of Youth Wellness Hubs Ontario and is affiliated with Point in Time Centre for Children, Youth and Parents. To find out more about the Haliburton Youth Hub, email haliburtonhub@pointintime.ca or call (705) 457-2727.

Submitted

A cool place for dogs

This cool canine, who goes by the Napalese name Kuhl, was out for stroll with his buddy Jack and their owner Joanne Keenan. Jack and Kuhl will be back later to check out the new dog park in Haliburton's Rotary Park. Do you have photos of your own cool canine? If so, please share them with readers of *County Life*.



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Send your letters to the editor to katrina@haliburtonpress.com. Letters must be signed and include a phone number.

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What festivals do you celebrate?

AS THE CULTURAL mosaic of Haliburton County becomes more complex, so too does our need to understand a bit about the traditions and customs practised by various cultures. This week, while picking up lunch in the Village of Haliburton, I remembered to ask a local merchant if he celebrated Diwali. It turns out he does, and at the asking of my question his face lit up. Even behind his mask, I could see that he was glad that this special day was acknowledged.

KATRINA BOGUSKI
Editor

Diwali is a festival that is celebrated by many faiths in South Asia and around the world, though the specifics of it will vary from one group to another. This festival of light falls between mid October and mid November. The date shifts slightly because the precise start of the festival is calculated according to the Hindu lunar calendar. This year Diwali started on Nov. 4.

According to an article by Krishna Priya Pallavi printed in last Thursday's edition of the Hindustan Times, "Diwali is the festival of lights which signifies the victory of good over evil and the eradication of dark shadows, negativity, and doubts from our lives. It is a celebration of prosperity in which people give gifts to their loved ones. The festival also sends the message of illuminating our inner selves with clarity and positivity."

Diwali always makes me a little homesick for Vancouver. The large South Asian community that is an integral part of Vancouver celebrates Diwali in style. I used to think that people were getting earlier and earlier with putting up Christmas lights back home, but it turned out that on many homes those lights were actually up celebrating Diwali, not Christmas.

One reason I like to remember Diwali is that it gives me a chance to acknowledge to members of the South Asian community that their contributions to Canada have been significant. Yes, this acknowledgement could be made at any time, but sometimes we need a festival or a holiday to be reminded of these things. Maybe that's why human culture has always observed festivals. They pull us out of our routines and make us pause to remember things we might otherwise overlook.

Although you might not guess it from my last name, my family has a strong connection with India. We have a great affinity for the cultures of India and have had for four generations already. The fifth generation, the one after mine is likely to continue the tradition. We frequently hold family celebrations at Indian restaurants and trips to shops selling fabrics and other products from India are always on my to do list when I go home.

My great-grandfather, on my Irish side, lived and worked in India as well as in British Columbia. Something of that county's rich and romantic history found its way into my own life. Knowing families in India, and in the Indian diaspora around the world, are celebrating Diwali is some sure sign to me that there is still much good in the world. Families are the backbone of human civilization and Diwali shines some light on that.

There is a great connection between many Irish and the people of Indian; we were both colonized by the British too and our histories are filled with the complex influences of that legacy. It is often easy for me to feel at home among South Asians.

One Hindu friend of mine is convinced that I must have been from India in my former life. On Diwali he agreed to pray a prayer of thanksgiving in gratitude for all that has gone well in my life recently. That's a good friend. That's good sign that there is still much to celebrate about the many cultures that make up Canada.

Throughout my life, Sikhs and Hindus have offered to me the most hearty and unabashed Merry Christmas greetings you have ever heard. When so many people in recent years have worried about offending people by uttering the words Merry Christmas, countless Sikhs and Hindus have advocated that the tradition be kept alive. The rationale being that Canada is a place where various cultures and religions can coexist. These people want the right to say Happy Diwali and do not want that great feast to be watered down into some generic one size fits all holiday greeting.

And so, with as much enthusiasm as so many Merry Christmases have been wished to me, I return the gesture and say, "Happy to Diwali!" to all residents of Haliburton County who celebrate this important festival. True to my experiences elsewhere, the members of the South Asian community have been among the most courteous and welcoming people I have met in Haliburton so far. May the year ahead be filled with all of the blessings you hoped for in the celebrating of this festival.

Mahatma Gandhi said, "Truth is one, paths are many." I am very grateful for the times when my path has crossed with people celebrating Diwali. It is a good reminder as the days grow darker that we must look for light where we can find it, and be that light to others whenever we can.

What festivals do you celebrate? Have you adopted any customs from cultures other than the ones in which you were raised? Please share your stories and photos from the festivals you celebrate with the readers of *County Life*. We all have much to learn from each other.

Top 10 signs you should probably drink less coffee

MOST OF us love a good cup of coffee. But, it is addictive, so we sometimes drink a bit too much of the stuff over the course of a day. The good news is that there are certain signs that, if you are paying close attention, indicate you should probably drink less coffee. Here are my top 10:

STEVE GALEA
Humour Columnist

1. You do backflips whenever you hear a sudden noise.
2. You now type 600 words a minute.
3. Your barista sends you birthday cards.
4. They have a special drive through just for you.
5. Involuntary tap dancing.
6. People haven't seen your eyelids in weeks.
7. Sleep? What's that?
8. Your retirement plan includes moving to Columbia.
9. When you assembled your emergency preparedness kit, it included two coffee makers.
10. You had your coffee cup custom made.

Algonquin Highlands photographer Tammy Nash captured a doe in her back yard at sunset while she stood in the doorway of her garage. /Submitted by Tammy Nash

The Writers' Circle

A feature of local creative writers' work

The Bounty

We have been bringing dead trees out of the forest surrounding our house, down into our yard to be cut for fire wood. While among the trees we feel the comforting silence and inhale the richness of petrichor; soil, trees, mosses, and mushrooms, basically life without interference. There is complete silence except for the scrambling of chipmunks and red squirrels as they plow through the fallen leaves. As well as the burst of rustling leaves as our dog enjoys a playful game chasing the rodents. The odd bird flies from tree to tree top, but not many this time of year.

Being someone who loves plants, I am spellbound by the number of different species of fungi. Some are beautifully coloured, some appear enormous compared to others, each have their own shapes and textures, with gills underneath their caps others with pores or even teeth. Seeing so many variations of mushrooms with interesting growth patterns, makes me curious to learn more about them. I question if our property is covered with poisonous fungi or wild edible mushrooms?

I acquire two books from the library to start reading up on this mysterious species of plant. The books don't really educate me on the subject, instead they draw me into this world of mushrooms, increasing my thirst to learn more. Then

Submitted by Yours Outdoors

the opportunity to learn something new in person came to me through social media. Yours Outdoors offers hands-on learning sessions and is offering an Introductory course now. I check their calendar of events and find a day I'm available to attend.

Drat, the morning of the course we have light snow flurries. The snow melts within a short time that morning but I think any exposed fungi will be ruined and now be slimy. Despite my interest in mushrooms, I plan how I can refuse to taste and fungi politely as I don't know near enough to safely eat wild mushrooms. I need not have worried as it turns out we don't eat anything on this course.

The group of us sits on stumps outside while the guide Steve Lukacic teaches us the basics about identifying wild edibles safely. There's a lot to know so after 90 minutes, we wander through his property, eyes on the lookout for fungi and gently move leaves to reveal hidden treasures.

There are a number of mushroom types and I now realize there are far more varieties on my property. Someone comments that I must have the perfect property to guide wild edible tours. Yes, I agree, my property certainly offers such an experience, but I need to learn so much more. The guide we are with today has a decade under his belt and he's now venturing in deeper in the area of medicinal remedies. He swears to the successfulness of his teas for arthritis as well as a brew to help alleviate the awful side effects of chemo for cancer patients. Steven even tells us exactly how to brew these medicinal teas.

As I find my way home after attending this tour, I plan reading so much more on this topic and I day dream about the adventures I will have on our own property. I'm already looking forward to the spring when I seek out the fresh growth of mushrooms.

Laura Mount is a member of the Algonquin Highlands Writers' Circle, a resonance writers group. For more information https://ahwriterscircleblog.wordpress.com

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Flow

Sun silvering tendrils of River,
curling over rocks,
roots slithering towards the water,
carrying leaves, torn from their trees,
along the current that curves like the limbs of the pair of trees,
entangled on moss-covered rocks,
separated by this sliver of River, from the land where I stand,
watching the leaves float alone,
towards wherever the River ends,
bending and twisting, one leaf resisting its flow,
its crimson face plastered on the jagged edge of a rock, jutting out of the River,
clinging to its cragginess 'till a hiccup of water sweeps it away,
a droplet of red bleeding back into the River.
I peer down at the log, bridging land and rocks,
leading towards the entangled trees,
erosion revealing their roots,
their overlapping limbs, a place to nestle in,
as the River murmurs, carrying leaves,
a hollowed space forming a grotto,
its water, dark and still and silent.
I teeter on the brink between land and log,
uncertain whether my feet will guide or fail me,
imagining the splash as my limbs
crash into the River's current,
disrupting the flow of leaves.
I wonder whether I could leap across,
but the distance spans too wide, too deep to wade.
I place a foot on the log, then another,
my arms outstretched like the wings of an albatross,
staring at the moss-covered bark of the pair of trees,
how long have they grown here,
the River seeping into their roots, that wind towards its edge.
My Breath hiccups in my chest, as I wobble along the log, step by step,
the wings of my arms steadying me,
a leaf floating through Air, landing in the River without a wisp of sound.
I reach the rocks, stumble into the trees,
the heap of their limbs
enveloping me,
this place of peace, where the River never sleeps, only slows,
the skin of leaves tickling
the trickle of its
flow.

Sylvie Kalenda

After Halloween

Years were once spaced into two
Seasons named just dark or light
What was reaped must last right through
Until spring's first seeds ignite

Fear of hunger ran a day
Back then most food came from home
Crops, meat, bread, fruit, milk, herbs, hay
Sweetness from a honeycomb

Not much harvest after fall
Only luck and help and toil
Superstition birthed a call
To avoid a famine's spoil

Jolly Jack, as lanterns go
From a gourd or turnip carved
Friendly grin or ghoulish glow
Scaring off so no one starved

So the cold months couldn't win
To protect each larder stark
Over night of cold Samhain
One lit candles for the dark

From the new world pumpkins came
Easier to gouge a face
Hollow inside, seeds to claim
Plant or roast them dry someplace

Separate from orange pulp
Salted, oiled in oven slow
Even children grab to gulp
Tossed and lightly-browned cargo

After Halloween has passed
Chill November, lengthened night
Dry leaves scuttle, rot steadfast
Winter's wry prelude to white

Deborah Reed

Revelation

Confusion is a friend, opening the door of welcome,
offering a moment when everything opens and
everything
is possible again. Confusion shakes the kaleidoscope,
life's colorful pieces
falling into new patterns and new empty spaces.
Certainty gives answers before questions arise,
choking them off before they see sun's light.
Certainty is the enemy,
guarding its gate against possibility, against visions
rising like the moon over a dark landscape.
As Rumi said before me
"how great was my knowledge before "Revelation make me dumb."
Questions are doorways
into wisdom without beginning or end.
Answers fall away like ash,
blown by the slightest wind.

There is more strength in taking off the armor of
certainty
than in shining its breastplate, hour after hour.

Confusion propels a new language,
and that language, knowing its limits,
falls into magnificent silence:
Revelation.

By BrendaPeddigrew

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Aging Well Haliburton County offers some reminders

November is Fall Prevention Month. Although people of all ages can suffer catastrophic life changing falls, the two age groups most affected are older adults and children age 0-14. For older adults, falls are the leading cause of injury-related hospitalizations, while for children, they are the leading cause for hospital admissions from injuries. While falls can happen at any time, anywhere, 50% of all falls causing hospitalization happen at home. Winter conditions magnify the hazard for all ages, but particularly for older adults.

Aging Well Haliburton County is a committee of volunteers who advocate for seniors. Aging well is about being vital, happy and continuing to be able to do the things you enjoy for decades. Suffering a fall can interfere with aging well as it can have a dramatic effect on not only a person's physical health, but their emotional and mental health as well.

During Fall Prevention Month, Aging Well will be profiling the stories of seniors impacted by falls. The stories are real but the names have been changed. These stories serve as reminders of the potential devastating effects of falls.

Jack's Story

Jack is a retired University professor and an ardent amateur bird watcher and field biologist. He lives with his partner in a semi-rural area and enjoys a large rocky and forested property which is home to plenty of birds and wild life. At 80, he frequently spent hours alone enjoying roving the rough terrain. However, one winter day while alone in the woods, he fell somehow in the area and lay unconscious for some time until his partner eventually searched for him. He was unable to move and had suffered a severe head injury and several shoulder breaks and five broken ribs.

The accident was nearly two years ago, and Jack is slowly recovering. He has significant memory difficulties not noticeable before the accident. A tendency to confusion makes him unable to go outside safely alone now, and his bird watching has been affected both in quantity and quality. As a younger man who grew up on the property, Jack was a strong and tireless competent outdoorsman. He is depressed about his present situation and his loss of independence.

The Fall Out: With aging, adjustments have to be made. Some formerly enjoyed hobbies and activities may become riskier as vision, hearing and balance are compromised. You don't necessarily have to give them up – just get smart about doing them! Don't go alone – convert a friend to your interests!

Gwen's Story

Gwen is a senior enjoying a quiet single life alone in her condo. One of her adult daughters is a PSW and is always available for help as Gwen manages her mental health condition and gently ages. One day Gwen stumbled at the door step of her home. Her fall resulted in two breaks in a shoulder and a broken hip. She was hospitalized for 7 weeks, and is still undergoing rehabilitation. Her present condition is such that her daughters have encouraged her to sell her condo and move to a retirement home. All this has happened suddenly and Gwen is experiencing a lot of emotional stress even with her daughter's constant help. She accepts the need for the change in her life, but finds herself anxious and overwhelmed.

The Fall Out: "Oh, those steps!" Issues with balance and accurately judging space make steps and stairs true hazards. These vulnerabilities sneak up as we age. Take your time, pay attention. Use a cane, railings and other aids where available. Check with your doctor about your vulnerability to bone fracture. So you need a cane? So what?

With the challenges of aging, balance, muscle weakness, vision change, hearing loss, effects of medication and illness, seniors become increasingly vulnerable to falling as they age. For further information on how to prevent falls through exercises, aids, and other supports and resources, please check out Fall Prevention Month - Canada and You CAN Prevent Falls! - Canada.ca

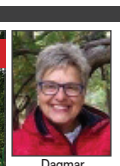
Submitted by Aging Well Haliburton County

ROTARY COMMUNITY CHRISTMAS PARTY
"Drive-Thru" Edition
Saturday, December 4th
5:30pm - 7:30pm
☆ "Drive-Thru" at Curry Chevrolet Service Reception
☆ Visit SANTA and the ELVES from a distance
☆ PIZZA SLICES and JUICE BOXES for everyone
☆ GIFT BAGS for all the kids
☆ ENTER either by Todd's Independent at the lights or Curry Chevrolet's driveway.
All vehicles visiting Santa will have a Chance to Win 1 of 12 Free Turkeys!
Thanks for your support of the Community Christmas Party!
Haliburton Rotary
CURRY

HALIBURTON VILLAGE
SANTA CLAUS PARADE
FRIDAY, NOVEMBER 26, 2021
6:30 pm
HALIBURTON MASKUERADE
BANDS....HORSES...MARCHERS...BRIGHT LIGHTS
To enter parade contact
Jim Frost at 705 457-4031 or
jandmfrost@outlook.com
Please wear a mask and ensure social distancing of 2 metres.
Thank you.
"Tree Lighting & Carols" at the "Town Tree" at 6pm. You are invited to bring a decoration for the tree.
The parade is proudly brought to you by the Downtown Haliburton Business Association and the Haliburton & District Lions Club

Adele Barry
705-457-0306

Grass Lake
- Fisherman's paradise
- 5 chain lake system
- B & B potential
- 4 Bedroom 3.5 Bathroom

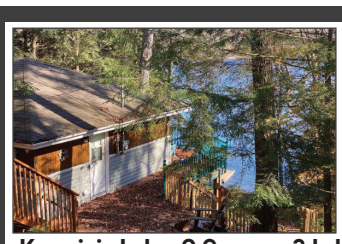


Dagmar Boettcher**
457-5968

Close to Haliburton $549,900
- 3 bed 2 bath 1560sf home
- Completely renovated and updated
- New windows, furnace, a/c, septic
- 2.3 acres, paved school bus route

Andy Campbell
854-0292

Minden Area Home $399,000
- 2 bedroom home south of Minden
- 7.9 acres
- Easy access off of Municipal road
- Needs some TLC



Gloria Carnochan* & Brean Budel*
754-1932

Kennisis Lake, 0.9 acres, 3 bdrm
- 4 season cottage & garage with heated floors
- Pine/Drywall, 3 pc bath, lg deck to enjoy quiet
- Firepit and dock to sit at, Island views

Mark Dennys*
457-0473

Haliburton Commercial Lease
- Prime Downtown Retail Space Opportunity
- Apprx 2100 Sq Ft, Large Display Windows
- Busy Corner of Highland St & Maple Ave
- Contact Listing Realtor for Details

Tom Ecclestone*
286-2138 x 226

Gull Lake $2,499,000
- 8 acres, 300ft SW facing waterfront
- Sand beach, 2 wet slip boathouses
- 1900sf, 1 bedroom, 2 bath
- 2 guest cabins, both 2 bdrm & bath

Lindsay Elder**
457-5878

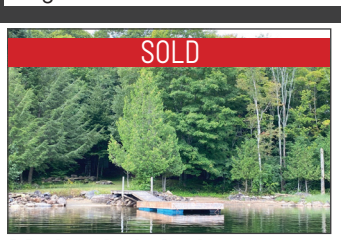
Listings Wanted!
- If you're thinking of selling...CALL ME!
- Strike while the market is hot!

Melanie Hevesi**
854-1000

Minden Lake $995,000
- 3 bedroom, 2 bath, 2500sf
- Sunroom, full walkout basement
- 180ft lakefront, sandy shoreline
- Close to Minden Whitewater Preserve

Andrew Hodgson**
286-2138 x 229

Haliburton Home $799,000
- Classic private home on 1.04 acres
- 2,200 sq ft, 3 bedrooms, 3 bathrooms
- Less than 5 minutes outside Haliburton
- Stunning views over Barnum Lake

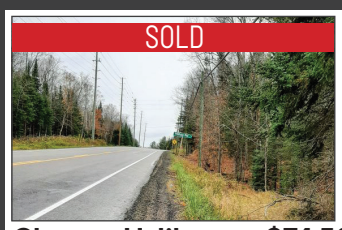


Susanne James*
& Andy Mosher**
457-2128 x 133

Miskwabi Lake Lot
- 1.15 acres on Miskwabi Lake
- Gorgeous hard sand and rock shoreline
- Easy year-round road access
- 20 minutes to Haliburton Village

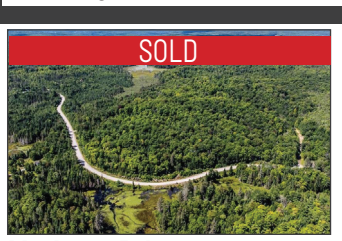
David Lee*
286-2138 x 227

Fleming Rd $499,000
- 100 acres of land
- 900 sq ft cabin w/solar power
- 2 bdrm w/kitchen and living rm



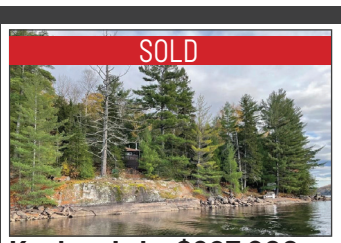
Donna McCallum*
455-2054

Close to Haliburton $74,500
- 2.3 acres, suits walkout basement
- Nicely treed for privacy



Brandon Nimigon***
457-2128 x 127

Harburn Rd
- 17 vacant lots over 47acres
- 1.91 acres to 4.92 acres
- Registered Plan of Subdivision
- Close to town



Karen Nimigon**
457-6505

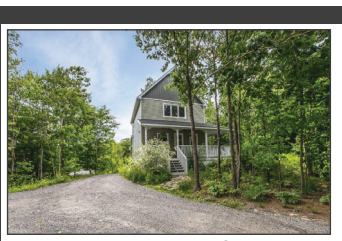
Kushog Lake $267,900
- Boat access only, 1 acre lot
- Seasonal cottage, 3 beds, 1 bath
- 238 ft rock shoreline, privacy
- Sold "AS IS", could use TLC

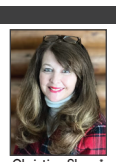
Kelly Kay*
705-457-6841
Kirsten Rae*
705-854-1454

Long Lake $799,000
- 3 bedrooms, 2 baths home/cottage
- Unfinished basement w/walkout
- Bunkie, stairs to waterfront
- 2-lake chain w/Miskwabi

Darlene Reil*
447-2055

Gooderham Home $559,000
- Stylish modern home with 2 levels finished
- Garage/Shop
- On a quiet street





Christine Sharp*
705-489-9968

Brand New Build $575,000
- Walkers Line, Kushog area
- 3 Bed / 2 bath
- Close to Kushog boat launch

Greg Stamp*
457-2128 x 128

Miskwabi Lake
- 2274sf, 4-bedroom, 2 bath, built 2006
- Open concept, floor-ceiling stone FP
- Sand/rock shoreline, 2 lake chain
- Great privacy & WEST exposure

Melanie Vigrass*
286-2138 x 232

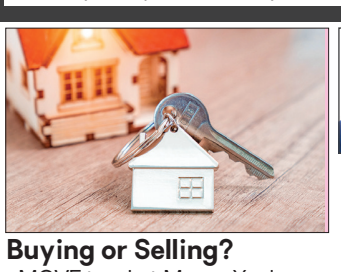
Milburn Road
- 2 bdrm/1 bath
- 1.14 Acres
- Walking distance to Burnt R and Crown Land
- Across road from Rail Trail

Lindsay Wilkinson*
286-2138 x 223

Minden Commercial Lot $229,900
- Excellent location with maximum exposure
- Commercial zoning with many possible uses
- Investment or your own business

Andrea Wilson**
705-457-6694

Seeking Properties
- Are you thinking of selling?
- Call me to discuss your options in this active market.



Kirby Keks*
705-457-2128
x138

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Jim Allder*
705-935-1112

Gooderham Area $359,900
- Investment opportunity.
- Or single-family home.
- 2.71 acres with a large pond and forest area.
- Needs some TLC.

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Halls Island Artist Residency

Halls Island Artist Residency is excited to announce a new community engagement project held in partnership with the Arts Council – Haliburton Highlands.

Premiering on Nov. 19 everyone is welcome to tune in to Escape to Halls Island, the third in the online 6-Minute Escape video series. By logging on to the Arts Council – Haliburton Highlands YouTube channel (complete address below) viewers will get a glimpse into the unique experiences of artists this past summer at Halls Island Artist Residency. 2021 artists included award-winning author Cathy Marie Buchanan, a creative musical group The River Pilots, and writer and voice actor Marilla Wex. A total of twelve artists created the eight videos to be viewed. Further information on each artist can be found on the Halls Island Artist Residency website. The artists and videos will be introduced by broadcaster Jack Brezina and award-winning performer Maggie Huculak. Viewers are invited to stay online for a live-streamed After Party where they can meet many of the artists live-online, hear more about the artists' experience on Halls Island, and ask questions via chat.

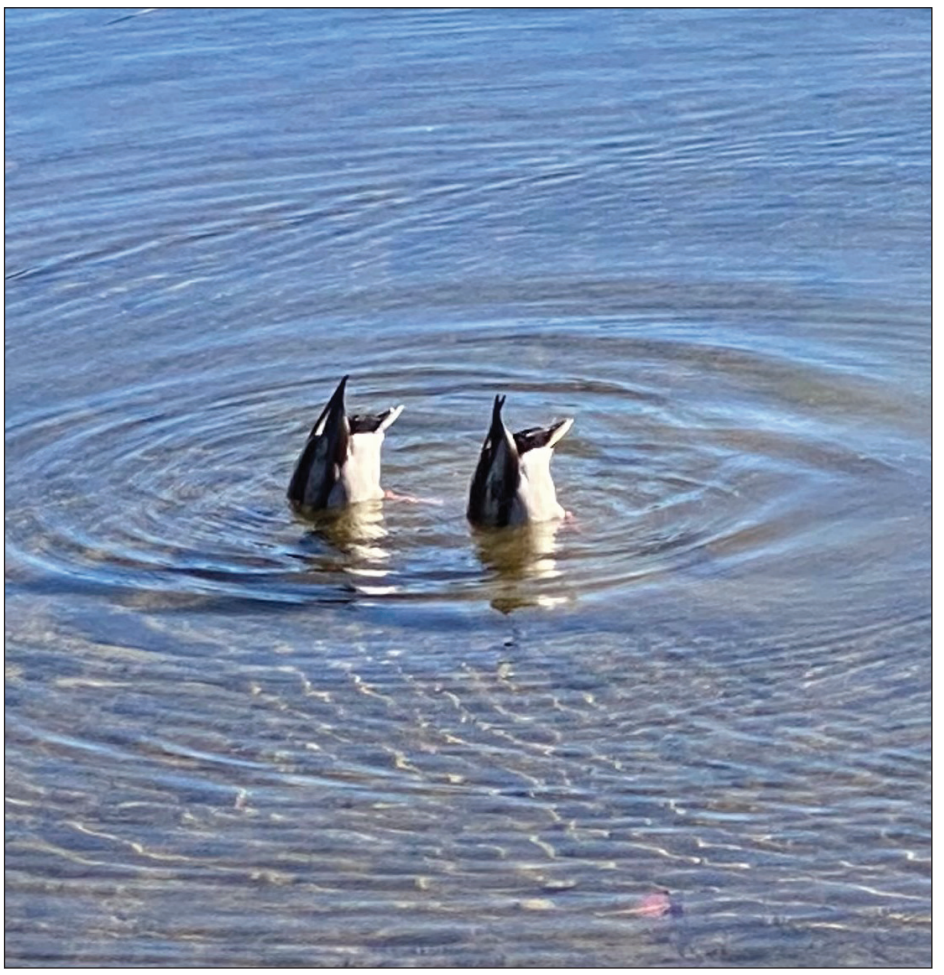
"Admission is free and any donations through GoFundMe will help to fund Arts Council programming in the Haliburton Highlands and will assist the Halls Island Artist Residency in continuing this remarkable initiative," says Arts Council board member, Renée Woltz, who also sits on the Management Committee for Halls Island Artist Residency. "This new venture for Halls Island artists, which came about due to COVID-19 restrictions on live gatherings, has provided an opportunity for us to see the island and experience the residency through the eyes of the artists."

The volunteer management committee is already planning for next year. Interested artists are invited to visit the website at www.hallsisland.ca to learn more about the application process. Applications open Nov. 1 and close Jan.15, 2022. The residency has hosted artists from across Canada and the U.S. and welcomes artists from a wide variety of artistic practices.

YouTube Channel address: https://www.youtube.com/channel/UCOIyAYFFHh2YQgSTc0lGsXA

Submitted

Wildlife in your backyard



Bottoms up!
Ducks go diving. /Submitted by Guenter Horst

WANTED

Historical photos from around Haliburton County

Preferably from before 1970

Help revive our *Pic of the Past* section by sending in your pictures. Bring them in to the Echo office at 146 Highland Street or email them to katrina@haliburtonpress.com with dates and any other information.

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vs the Trenton Golden Hawks

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vs the Cobourg Cougars

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Will require basic computer knowledge and likes to learn new things.

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Start date November 2021

560 ANNOUNCEMENTS

The Studio Tour Haliburton Highlands

Call to New Artists

Visit **thestudiotour.ca** for more information and to apply

Deadline to apply is November 19, 2021

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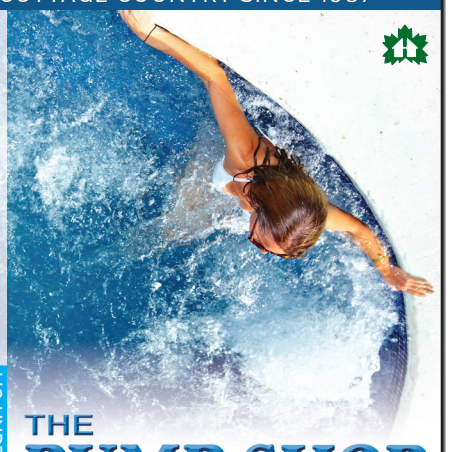

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Committee wants to use surplus

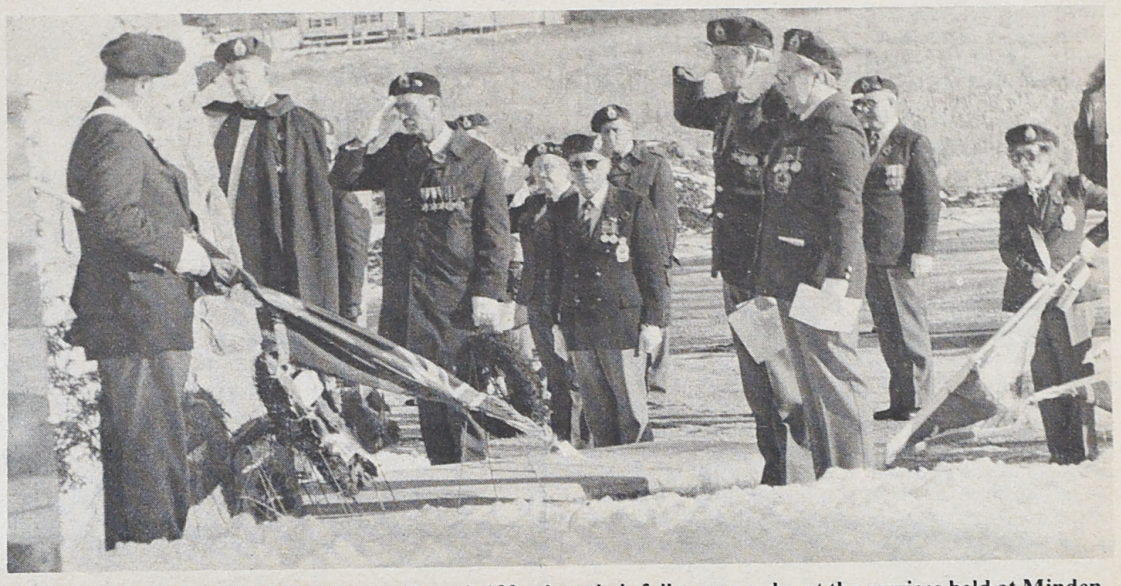
Committees which manage their funds efficiently are penalized by the accounting procedures followed by the municipality. That was the message brought to the November 10 meeting of Anson, Hindon and Minden municipal council by Recreation Committee spokesman Dean Elliott.

In particular, Elliott was interested in a 1982 surplus of $1490 generated by his committee. He noted that under municipal accounting procedures, funds that remain unspent by a committee at the end of the year are absorbed into the general account and can be reassigned to other uses. "The committee assumed this money would be available in 1983 and now we find we don't have it," Elliott explained.

He told the meeting that the committee had planned some renovation work at the arena with the extra cash. He said there were plans to purchase steel material to cover in the end wall. The cost of the material would be $700 to $800. Installation would be carried out by the Katimavik crew.

Elliott told the meeting there was little incentive for committees to attempt to spend their funds wisely if, at the end of the year, any surplus realized through good management is not

(more on page 2)



Members of Royal Canadian Legion Branch 129 salute their fallen comrades at the services held at Minden Memorial Cairn on Saturday afternoon. A large number of residents joined the Legion members for the services conducted by chaplain Lloyd Johnson.

Piper Earl Cooper of Haliburton Legion Pipe Band, stands at attention while trumpeter Don Wright of Haliburton plays "The Last Post" during the Remembrance Day Services held at the Cenotaph in Haliburton last Friday.

MOE cool to extending life of present dump

Plans to add a new layer of garbage at the Scotch Line Road Land fill site received a cool reception from an official of the Ministry of the Environment.

The official, Frank Reinholz, appeared before the November 10 meeting of the Anson, Hindon and Minden municipal council.

Head of the committee responsible for the dump site, Councillor Dave Stevens, explained that the committee was considering the addition of another layer or "lift" at the present site. A number of loads of fill material have already been placed along the inside of the fence in anticipation of the proposal.

Stevens said the berm would be constructed and trees planted along the top to provide a barrier. Stevens noted that it is expected the dump area will sink as a result of the compaction of the garbage buried there. He suggested this action will provide the community with additional storage space for garbage at the site.

Reinholz was less than enthusiastic about the idea. He said the plan by the township to add another layer to the site would probably result in additional complaints from area residents. He predicted the proposal would result in odour problems.

Reinholz noted that there had been few, if any, complaints about the Scotch Line site during the past year. He said this reflected the extensive management the dump is receiving and the fact that the working portion of the facility is slowly moving farther away from the residences in the area. He suggested these complaints mights surface again if the main centre of activity for the dump was moved closer to the road, as would be necessary to begin the second lift.

"What would you gain," the MOE spokesman asked. "You may get five more years service out of the dump by following that plan but in five years, suitable sites for a new dump will be that much harder to find." The official noted that a new site would require an Environment Assessment hearing which would involve the public. "It is hoped this process would eliminate any problems establishing a new dump site," he commented.

The MOE representative told the council that the Scotch Line site was in fact illegal, however it had been allowed to continue in operation because it was an existing site when the MOE regulations regarding dumps were first introduced. He indicated the ministry would not look favour ably on extending the life of the facility.

Stevens asked the representative if his ministry would be willing to help the municipality locate a new dump site. Reinholz answered in the affirmative, noting that the county waste management study, carried out last year, would be the place for the municipality to start looking for a new location.

The study identified only two sites in Anson, Hindon and Minden which were marginally acceptable as sites for garbage dumps.

Reinholz noted that at a number of dumps in the county controlled burning is permitted. It was suggested that if the township burned the garbage at another location and brought the residue to the Scotch Line site for the burial in the second lift, they would be able to extend the life of the dump. Reinholz agreed this would eliminate odour and fire problems but questioned whether it would be cost effective.

He suggested the council might consider establishing a transfer station at the present site if the new location is too far from Minden Village. Residents

(more on page 2)

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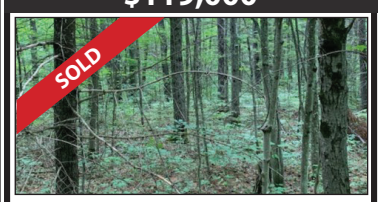
MINDEN HILLS $119,000



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